

If the lockdowns have left you feeling isolated, if you've recently lost a loved one, or if you are struggling to cope with loneliness, then we would like to invite you to Footprints Café.

Footprints Café offers you a chance to meet with others who have similar experiences. It's a space to talk, and find meaningful support and encouragement, when you need it most.

In these challenging times, while we live with restrictions due to the Coronavirus pandemic, we know that many of you will be struggling and will feel alone and isolated in your homes.

We offer to walk alongside you and give you a safe space to meet up with others, over a cup of tea. If you or someone you know would like to come, there's no need to book, just turn up.

## **Every Thursday, 1-3pm**

at Camborne Church Hall, (behind Camborne Parish Church, opp. Aldi)
Church Street Camborne TR14 7DF.

A counsellor from All Saints Church Community Centre available

For more info contact: admin@cambornecluster.org.uk or call the church office on 07873 612760