

# Meet Your Community Health & Wellbeing Worker

Cornwall  
Neighbourhoods  
for Change

Meet Your Local Community Health & Wellbeing Worker!

Join us for a friendly drop-in session to connect with your local Community Health & Wellbeing Worker.

Drop in for a friendly chat and support with:

- ✓ Local services & benefits
- ✓ Health, wellbeing & mental health
- ✓ Energy advice & family support
- ✓ Signposting & referrals

No appointment needed—just drop in and say hello!

**EVERY OTHER  
MONDAY**

**9:30am - 2:00pm**

**POOL FAMILY HUB  
Behind Treloweth School**

**Higher Broad Lane,  
Illogan, Redruth  
TR15 3JL**

**DATES**

**March: 17th, 31st**

**April: 14th, 28th**

**May: 12th, 26th**

**June: 9th, 23rd**



**Contact:**

**Call 01209 310610 or  
email us at [info@cn4c.org.uk](mailto:info@cn4c.org.uk)**