



NEWSLETTER

Hello and welcome to our first Hub Newsletter!



Following the overwhelming success of our Grand Opening on 30th September, we've been extremely busy bees at The Hub.

Drop-in Sessions

Since 3rd October, we have been opening regularly as a drop-in centre on **Tuesdays (1.00-5.00 pm)** and **Saturdays (10.00 am-2.00 pm)** offering advice on everything from home insulation to flood defences, soil health to sustainable food.



As well as those seeking specific advice, some people have called in to find out more about the work we are doing and to join in Climate and Eco conversations. We'd love to see you there and it would be wonderful if you also invite your friends, family and colleagues along to see what we have to offer. Spreading the word is vital to

making a real success of our community-led drive towards securing a sustainable future for local generations, our priceless Mid-Cornwall environment and unique ecology. So please tell everyone you can about The Hub and help us to boost our footfall.

WORKSHOPS AND EVENTS:

Please check our Facebook/Instagram/Linkedin pages for updates on all of our events, workshops and regular sessions. Contact details below.

Over the past five weeks, we have also been holding events at The Hub on Saturdays. These have either run concurrently with the drop-in sessions or have followed on through Saturday afternoons.

Repair Cafés



On the first Saturday of the month, Lindsay Southcombe hosts our regular Repair Café, along with some specialist, hands-on support. People are invited to bring along things that need mending/fixing and to work with/learn from a skilled volunteer, whilst enjoying time well spent with others at The Hub and some light refreshment. Our next Repair Café will be held on **Saturday 2nd December 10.00 am-12.00 pm**, when there will be a carpenter and possibly an electrician, together with two people with various stitching and knitting skills. The Repair Café will then be open again on **Saturday 6th January, 2024**.

Climate Cafés

We have just had our second Climate Café, offering people with Climate Anxiety an opportunity to share their concerns within a safe and supported group with two trained and experienced facilitators. The next Climate Café will be held on **Saturday 27th January, 2024** and regularly on the last Saturday of the month following that.

Climate Cafés provide an important support to many people with varying degrees of anxiety in these troubling times, as we face the deepening threat of Climate and Ecological collapse. The approach taken by Sarah and Martin is based in an established method proven to be both quietly supportive and empowering.



Up-Cycling: On 18th November, Mary Lindsey, WI Climate Ambassador, facilitated a festive Christmas Card Upcycling Workshop that attracted a wide range of people of all ages. We look forward to having more craft and making workshops with Mary in The New Year.

Coming Up: COP 28 Forum

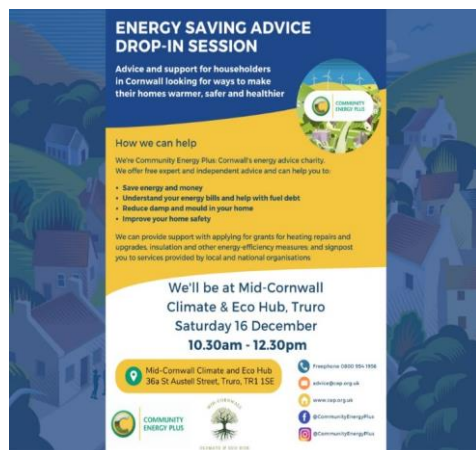
We are delighted to welcome Bob Walley, Researcher in Climate Change Engagement and Communication at Exeter University. Bob will be facilitating a workshop: **COP 28 Forum at 1.30 on**

Saturday 9th December, which will look at the history of COPs (Conference of the Parties) and where we will be working together to send a message to the UN Research Team at COP28 from the people of Mid-Cornwall. This is an important way for those of us in Mid-Cornwall to have our voices heard.

Controversially, the 28th COP is being held in Dubai, heart of the Fossil Fuel producing United Arab Emirates. At a time when we see unprecedented rises in CO2 emissions, global temperatures, droughts and crop failures and devastating floods, it is crucial to see meaningful and actioned reductions in the extraction and burning of fossil fuels.



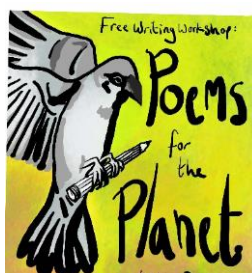
Energy advice session with Community Energy Plus



We are working in close collaboration with the charity Community Energy Plus (CEP), based in Truro and delivering outreach and practical solutions across Cornwall. On **Saturday 16th December from 10.30-12.30**,

Katharine Lewis, CEP Outreach, will be delivering an advice session at The Hub that will be looking at all aspects of energy saving and cost cutting in domestic, public and third sector organisational settings, including grants and consumer support. Please join us for this opportunity that we hope will become a regular session on our programme, going forward into the New Year.

Creative-writing workshops



Looking ahead to 2024, we aim to build on the progress we have made so far and steadily expanding our Events Calendar. As well as the regular sessions already mentioned, Phil Green, a young Falmouth University graduate, will be initiating our **Poetry for The Planet workshops on Saturday, 13th January, 2024**. This will be the first of a range of arts-based sessions at The Hub where you will have an opportunity to give creative expression to your thoughts and feelings about the Climate, Ecological and Environmental crises we face. There will be plenty of games and activities to awaken your

creative energies in a free and supported group atmosphere. All are welcome.

VOLUNTEERS: We are looking for more volunteers!! We now have a small number of very supportive volunteers, some who have joined us through the contact sheets we circulated at

our Open Day and others through Volunteer Cornwall. To make The Hub really sing, and to expand our reach and range of events, we need to be able to build on this nucleus and invite you to come

along to one of our drop-in sessions or email us to find out where your skills and talents would help The Hub to reach its full potential. We offer full support and a massive thank you.

As you are aware, as a Community Interest Company (CIC), we are entirely self-funded and have yet to secure any direct grants or financial support. In the New Year, we will be setting up a crowdfunder with a view to, for example:

- Purchasing vital audio/visual equipment to screen environmental films to the public
- Invest in our publicity drive with print runs and distribution
- Build our educational and arts resources within The Hub
- We would also like to be able to deliver some outreach sessions in the towns and villages that we serve and to take our work into schools, colleges and local community groups.

We would be grateful for your support in this endeavour, in whatever way you feel able.

We value your continuing input and have a commitment to enabling you to contribute to shaping your local Hub. We'd love to hear from you.

- Email: info@mcceh.org
- In person at The Hub at one of our drop-in sessions, one of our workshops or events
- Mid-Cornwall Climate and Eco Hub, 36A, St Austell Street, Truro, Cornwall, TR1 1SE
- In addition, you can currently find us on Facebook and Instagram under: Mid-Cornwall Climate and Eco Hub.



You can also find us on LinkedIn: [Mid-Cornwall Climate and Eco Hub: Company Page Admin | LinkedIn](#)

Marcelle Coburn, Jackie Dash, Sarah Pethybridge and Jackie Walkden The Hub Team

