

Community Health & Wellbeing Workers

Local support for lasting wellbeing

WE CAN SUPPORT YOU WITH:

Money and housing matters

Physical and mental health

Home energy advice

Learning new activities and skills

Accessing services in your local area

A listening ear



Camborne: contact 01209 719415
community@transformationcpr.org

Redruth/Pool: contact 01209 310610
referrals@cn4c.org.uk

Already working across Cornwall & now coming to
Camborne, Pool and Redruth



Frequently Asked Questions

What is this service and how will it benefit me?

This service gives you your own community health and wellbeing worker, we will meet you to find out what matters to you and how we can support you with your own health and wellbeing goals.

Is this service free?

Yes, the service is completely free.

Where can we meet?

We can meet you at any location that is easy for you: your home, the local café or community hub.

What if I'm not interested?

That's absolutely fine! We will touch base with you occasionally just in case you change your mind.



transformation
community

