

# Positive People

Join us for Tea/Coffee and Cake at our weekly drop in sessions and find out more about the Positive People Project, meet the team and how they can help you get back to work or training



WEEKLY DROP IN  
EVERY MONDAY 9.30-4PM  
STARTING MONDAY 25 MARCH 2019  
TRELWETH COMMUNITY CENTRE  
POOL, REDRUTH, TR15 3TY



Positive People is funded by the European Social Fund and National Lottery Community Fund

## Positive People @ Treloweth Community Hall

**Every Monday 09:30-16:00 - Pop in and say hello!**

Positive People is funded by the European Social Fund and the National Lottery, through the Lottery Community Fund. Positive People can help anyone who is out of work and wishes to move forward with life. We offer people a chance to get involved in their community and have fun through a range of activities.

We believe that no individual barriers should stand in the way of what YOU want to achieve. You will be assigned a Change Coach who can help you boost your confidence, health and wellbeing, learn new skills, manage the tough times and build a brighter future. You will be given advice and support through regular contact whilst you're with us.

If you'd like more information call: 07707 886059 or just come along and have a chat; there's tea & cake. ☺